

Holmen svømmehall

Uke 11

25 meter basseng

		Hev/senk								
		Hev/senk		Hev/senk		Hev/senk				
	Fra	Til	1	2	3	4	5	6	7	8
Mandag	06:00	08:00								
	08:00	09:05								
	09:05	09:30						Hev/senk: 90 cm dybde		
	09:30	13:25								
	13:25	16:00								
	16:00	20:45								
Tirsdag	06:00	09:05								
	09:05	13:25						Hev/senk: 90 cm dybde		
	13:25	16:00								
	16:00	20:45								
Onsdag	06:00	08:00								
	08:00	09:05								
	09:05	09:30						Hev/senk: 90 cm dybde		
	09:30	13:25								
	13:25	16:00								
	16:00	20:45								
Torsdag	06:00	08:00								
	08:00	09:05								
	09:05	13:25						Hev/senk: 90 cm dybde		
	13:25	16:00								
	16:00	20:00								
	20:00	20:45								
Fredag	06:00	08:00								
	08:00	09:15								
	09:15	12:00								
	12:00	12:35								
	12:35	13:55						Hev/senk: 140 cm dybde		
	13:55	18:00								
	18:00	20:00								
	20:00	20:45								
Lørdag	09:00	11:30								
	11:30	13:30								
	13:30	15:00								
	15:00	17:45								
Søndag	09:00	10:30								
	10:30	11:45								
	11:45	17:45								
Fargekoder:		Publikum		Trening		Reservert		Skole		

Fargekoder:

Publikum

Trening

Reservert

Skole