

Holmen svømmehall

Uke 11-13

25 meter basseng

		Hev/senk Hev/senk Hev/senk									
		Fra	Til	1	2	3	4	5	6	7	8
Mandag	06:00	08:00									
	08:00	09:05									
	09:05	09:30							Hev/senk: 90 cm dybde		
	09:30	13:25									
	13:25	16:00									
	16:00	20:45									
Tirsdag	06:00	09:05									
	09:05	13:25							Hev/senk: 90 cm dybde		
	13:25	16:00									
	16:00	20:45									
Onsdag	06:00	08:00									
	08:00	09:05									
	09:05	09:30							Hev/senk: 90 cm dybde		
	09:30	13:25									
	13:25	16:00									
	16:00	20:45									
Torsdag	06:00	08:00									
	08:00	09:05									
	09:05	13:25							Hev/senk: 90 cm dybde		
	13:25	16:00									
	16:00	20:00									
	20:00	20:45									
Fredag	06:00	08:00									
	08:00	09:15									
	09:15	12:00									
	12:00	12:35									
	12:35	13:55						Hev/senk: 140 cm dybde			
	13:55	16:00									
	16:00	20:00									
	20:00	20:45									
Lørdag	09:00	15:30									
	15:30	17:45									
Søndag	09:00	10:30									
	10:30	11:45									
	11:45	17:45									
Fargekoder:		Publikum		Trening		Reservert		Skole			

Fargekoder:

Publikum

Trening

Reservert

Skole